

## Madera Adult School Newsletter



### February 2022



### Important Update:

[Please Complete COVID Form Before Leaving Home](#)

**Be Your Best, Do Your Best!**

### School Climate and Culture-----

#### **Mission Statement**

The mission of Madera Adult School is to provide students with a positive experience and lifelong learning skills to achieve their educational, career, and personal goals by developing respect, responsibility, and accountability, thus empowering the students to continue their education or transition into the workforce and become contributing citizens of a global community. (Revised and Adopted 8/17/20)

#### **Vision Statement**

Madera Adult School will be recognized as an innovative and progressive learning institution where students are inspired and supported by staff to be successful in the twenty-first century (Created and Adopted February 2018).

- **Renee Smith's Corner:**
- **Ana Jasso's Corner:**

- Safety guidelines will include but are not limited to the following:
  - Daily disinfecting will take place in all classrooms, restrooms, offices, and cafeterias throughout the day. These common areas will be cleaned and sanitized nightly with disinfecting foggers by school site custodians. Disinfecting spray bottles and paper towels will be in all classrooms and offices for staff interim disinfecting of furniture and high contact surfaces in between classes and periodically throughout the day.

**Teachers & Office Staff can nominate a MAS teacher or Office Staff for the “Going Above and Beyond” Award! This award recognizes a MAS employee that goes above and beyond the everyday expectations of her/his duties! Winners are awarded a certificate and a \$10 Starbucks Card! Please call or email Ana Jasso to nominate a deserving staff member. You may call Ana at 559-675-4425 or email her at [anajasso@maderausd.org](mailto:anajasso@maderausd.org)**

Madera Adult School is still registering students for HSD and HiSet. Students must call the school to schedule a time to register and test. Please plan to be here for at least 1.5 hours. Masks are required and students that are sick are asked not to attend until all their symptoms are gone. Masks must be worn to participate in registration and testing. Please call our school at 559-675-4425 to schedule an appointment or visit our school website at [Madera Adult School website](#).

**Attendance Policy:** Students are expected to attend each day they are scheduled to attend. Please contact your teacher if you are going to be absent or late for your class. When attending your classes, students are expected to participate in the lesson. Also important are attendance and a good attitude which are important to the program and to your success!

**“The Challenge” REMAINS:** Remember, Readers are Learners, and Learners are Earners! Books are available in the Office to loan. Please return the book back to the Office after you have read the book. Don’t forget to pick up a ticket from Ana once you have read a book. The ticket you earned from reading a book will be placed in a raffle drawing for three \$100 prizes!

**Department Chairs:**

Mrs. Anzaldo - ESL/DOC  
Ms. Cruz - HSD

Mrs. Kovacs - HiSet  
Mrs. Waters - SPED

Ms. Santana - ABE  
Vacant - CTE

Returning class being offered:

**IET/Computer Literacy**

If interested, call Madera Adult School for more information.



## SOMETHING TO PONDER



## Upcoming Events

**February 3, 2022**  
Leadership Meeting

**February 9, 2022**  
Professional  
Development Meeting

**February 14, 2022**  
Non-school Day

**February 18, 2022**  
Lincoln's Day Observed

**February 21, 2022**  
President's Day Observed

## This Month's Highlights

Monthly Calendar	Month of February
Thursday February 3, 2022	Leadership Meeting 12pm - 2pm
Wednesday February 9, 2022	Professional Development Meeting <b>4pm - 6pm</b>
Monday February 14, 2022	Valentine's Day Non-school
Friday February 18, 2022	Lincoln's Day (Observed) No school
Monday February 21, 2022	President's Day (Observed) No school

## Students of the Month

It is important that we recognize those students who have improved attendance, come to class on time, showing better study habits and are a positive influence in the classroom. Send the name of 1 special student per class to Mrs. Juarez who will print a certificate honoring them as student of the month. It is important that we remember most of our adult students have never received such a recognition. This is one way to improve student morale and boost their self-esteem. These names are to be submitted no later than the 25th of each month.

### Students of the Month for January:

**Lance Hoffrage:** Kenny Contreras

**Paula Kovacs:** Florinda Moreira Castameda      Alyshia Jalakas  
Florenia Eugenio Paz

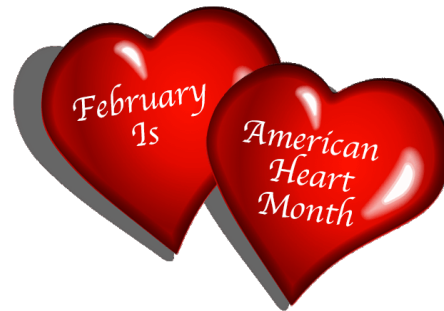
**Ezequiel Ramirez:** Gloria Juarez      Maria Jimenez      Ma. Leonor Hernandez

**Mayra Santana:** Olga Yuriana Olivos Solis      Belen Hernandez  
Jorge Lopez      Anselmo Paul Estrada

**Azalia Santos:** Juan Sarabia Niebla      Silvia Rios

**Renee Smith:** Juana Ortiz      Flor Palacios de Ambrosio

## Health Wellness:



### February is American Heart Month:

### HEART ATTACK WARNING SIGNS:

Some heart attacks are sudden and intense, but most of them start slowly, with mild pain or discomfort. Here are signs that can mean a heart attack is happening:

**-Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

**-Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

**-Shortness of breath.** This feeling often comes along with chest discomfort. But it can also occur without chest discomfort.

**-Other signs may include:** Breaking out in a cold sweat, nausea or lightheadedness.

**If you or someone you're with has one or more of these signs, call 9-1-1 immediately**

**Get to the hospital right away.**

If you're the one having symptoms, and you can't access the emergency medical services (EMS), have someone drive you to the hospital right away. Don't drive yourself, unless you have absolutely no other option.

### Stroke warning signs:

(Every second counts, because time lost is brain lost!)

**- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body.**

**- Sudden confusion, trouble speaking or understanding.**

**- Sudden trouble seeing in one or both eyes.**

**- Sudden trouble walking, dizziness, loss of balance or coordination.**

**- Sudden severe headache with no known cause.**

If you or someone with you has one or more of these signs, don't delay! Call 9-1-1 or the emergency medical services (EMS) number immediately so an ambulance - ideally with advanced life support - can come. Also, check the time so you'll know when the first symptoms appeared. It's important to take immediate action. IF given within three hours of the start of symptoms, a clot-busting drug can reduce long-term disability for the most common type of stroke.

## Counselors/Student Advocates

Mrs. Barbara Juarez: Teacher on Special Assignment, Lead Teacher. Please refer students on 504 plans to her.

Mrs. Pam Waters: Resource Specialist. She works with our Special Education / IEP Students

### **Michelle Santesteban, Transitions Specialist, (559)593-0993**

The following days/times are designated weekly specifically for your students, staff questions, etc..... I can be easily reached via phone, text, and e-mail, as well as through our new website.

Transition Services Weekly Availability for MAS

Every 2nd Tuesday of the month, on site hours: 5:00pm - 7:00pm

Every Wednesday on site hours: 9:00am - 3:30pm

Every 4th Tuesday of the month on site hours 5:00pm - 8:00pm virtual by appt. only

To request an appointment with me, Go to [SCAEClearns.org](https://SCAEClearns.org) - click on Transition Specialist, look for my name/picture and click on "Make an appt." I will always be available on other dates/times with an appointment and be as flexible as possible. I understand the vast majority of our students are working parents and now homeschooling their children. Please keep in mind that all appointments will be held virtually through telephone, Google Meet, Zoom, etc. Thank you for your support, and I look forward to another successful academic year.

