

# CERVICAL SPINE INJURY

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

EXAMINATION STEPS AND PROCEDURE	PC	PO	COMMENTS
SCORER STATES THAT PATIENT HAS BEEN EXAMINED AND HAS A SUSPECTED CERVICAL FRACTURE			
1. Introduce self, reassure patient and request permission to treat		1	
2. Student immobilizes and supports patient's head and neck		30	
3. Ask helper for assistance and explain procedure		1	
4. Instruct helper to maintain head and neck immobilization		1	
5. Observe nerve function A. Sensation - ask patient whether thumb or small finger is being touched as you apply pressure		10	
B. Hand grip - ask patient to grip the index and middle fingers of each of your hands simultaneously		10	
6. Put cervical collar on patient		10	
7. Ease KED behind patient		10	
8. Secure patient to KED		20	
9. Have helper place long board in position		1	
10. Control patient against board while turning			
11. Do not use KED as sole lifting device		20	
12. Lay patient on long board with knees flexed		10	

EXAMINATION STEPS AND PROCEDURE	PC	PO	COMMENTS
13. Pad base of KED		1	
14. Extend legs and pad for comfort under knees and feet		1	
15. Secure patient to long backboard: A. Secure upper torso		10	
B. Secure lower torso		10	
C. Don not secure over upper abdomen		10	
D. Secure lower extremities		10	
16. Further immobilize head to prevent lateral movement		1	
17. Observe nerve function A. Recheck finger sensation		10	
B. Recheck hand grip		10	
18. Steps #1 - #17 completed within 30 minutes		10	
SCORER STATES, "IF THE PATIENT WERE TO VOMIT, WHAT WOULD YOU DO?"			
19. Student states: A. "Turn patient on side to protect airway."		20	
B. "Assure alignment of head and neck"		10	
20. Upon completion, patient will be sufficiently immobilized to prevent: A. Flexion / hyperextension movement of head (margin of 10 degrees.)		20	
B. Lateral movement of head (margin of 1/2 inch)		10	

Scorer's comments: \_\_\_\_\_

Pass: \_\_\_\_\_ Fail: \_\_\_\_\_