

CHILD BIRTH

NAME: _____

DATE: _____

EXAMINATION STEPS AND PROCEDURE	PC	P0	COMMENTS
1. Introduce self, reassure patient and request permission to treat		1	
2. Ask patient. "Are you under a doctor's care?"		1	
3. Ask patient, "Does your doctor expect any problems. with the delivery?"		10	
4. Ask patient. "Is this your first vaginal delivery?"		10	
5 Ask patient, "When did the contractions begin?"		10	
6 Ask patient, "How far apart are the contractions?"		10	
7. Ask patient, "Do you feel a need to bear down or move your bowels?"		10	
8. Reassure patient of need to examine for crowning :		1	
9. .Observe for crowning . .		20	
BABY'S HEAD SEEN.CROWNING AND IS NOW ADVANCING OUT, SLOWLY WITH FACE DOWN (NORMAL DELIVERY)			
10. Open OB kit		1	
11 Attempt to cleanse area and drape		1	
12. Put gloves on		1	
13. Use sterile technique		10	
14. With one hand, apply gentle pressure to baby's head to . prevent sudden expulsion .		20	
15. As the head emerges, using other hand; apply gentle downward pressure to the perineum directly below the vaginal opening to prevent tearing		10	

EXAMINATION STEPS AND PROCEDURE	PC	PO	COMMENTS
16. Report to scorer presence or absence of cord around baby's neck when baby's head is out		10	
17. If present. loosen cord from around baby's neck		10	
18. Slip cord over baby's head		10	
19 Clear airway by suctioning baby's mouth with bulb syringe:		10	
A. Squeeze air out of bulb syringe before entering orifice			
B.. Suction nose		10	
C. Suction mouth		10	
20. Apply gentle downward pressure to head to release upper shoulder		1	
21 Apply gentle upward -pressure to head to release lower shoulder		1	
BODY DELIVERING QUICKLY NOW			
22 Hold baby securely with firm but gentle grip		20	
23. Clear airway by suctioning : baby's mouth with bulb syringe:		10	
A.. Squeeze air out of bulb syringe before entering orifice			
B. Suction nose		10	
C. Suction mouth		10	
SCORER STATES, "BABY IS OUT, NOT BREATHING BUT HAS PULSE"			
24. Stimulate baby by:			
A. Rubbing back briskly or B Flicking bottom of baby's foot		30	

EXAMINATION STEPS AND PROCEDURE	PC	P0	COMMENTS
SCORER STATES, "BABY IS NOW CRYING"		20	
25. Wrap baby in clean blanket for warmth		1	
26. Place baby on mother's abdomen or between legs		10	
27. Double clamp cord: A. First clamp should be six to eight inches from baby		10	
B. Second clamp should be two to four inches from first clamp towards mother		10	
SCORER STATES, "PLACENTA HAS DELIVERED."			
28. Place placenta in plastic bag in preparation for transport		1	
29. Externally massage uterus		20	
30. Skill completed within 10 minutes		10	

Scorer's Signature