

**MADERA ADULT EDUCATION  
SKILL EXAM  
PATIENT ASSESSMENT**

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

EXAMINATION STEPS AND PROCEDURE	PC	P0	COMMENTS
Please demonstrate your ability to perform both primary and secondary surveys on this patient and report observations to scorer during assessment			
1. Report to scorer, your immediate impression of the patient's status, include:  A. Conscious or Unconscious (without turning head or moving neck)		30	
B. Airway (quiet or noisy) 1. Labored or Unlabored:		30	
C. Circulation and Skin Signs 1. State skin color		10	
2. State presence or absence of external bleeding		10	
2. Introduce Self		1	
3. Grasp wrist of lower arm.		10	
4. Demonstrate assessment of the following: A. Skin temperature - by feeling if skin is hot or cold.		10	
B. Skin moisture- by feeling if skin is wet & dry		10	

	PC	P0	COMMENTS
C. Quality of pulse - by stating whether: 1. Regular or Irregular 2. Strong or weak 3. Fast or slow		10	
5. Determine level of responsiveness . (use either method)		10	
A. Best verbal response			
B. Best motor response		10	
C. Eye opening		10	
or			
A. Orientation to person ("What is your name?")		10	
B. Orientation to place ("Where are you?")		10	
C. Orientation to time ("What year/month is it")		10	
6. Inform patient of intentions, obtain consent		1	
7. Ascertain mechanism of injury or chief complaint		10	
8. Ask if patient lost consciousness		10	
9. Ascertain the patients: A. Age		10	
B. Past medical history		10	
C. Current medications		10	
D. Allergies to medications		10	
10. Vital signs: A. Respirations (count rate)		1	

	PC	P0	COMMENTS
1 State Quality		1	
2. Obtain correct value		10	R. _____
B. Pulse: 1. Count rate		1	
2. State strength		1	
3. Time for at least 15 sec.		1	
4. Obtain correct value		10	P. _____
C. Blood Pressure 1. Take palpable B/P		1	
a. Obtain correct value		10	B/P. _____/P
2. Take auscultated B/P		1	
a. Obtain correct value		10	B/P. _____ / _____
Head to Toe survey 1. Head and neck A. without turning head or moving neck		30	
1. Feel scalp with both hands		10	
2. Palpate with fingers spread wide, from forehead and anterior ears to base of skull		1	
3. State presence or absence of: a. active bleeding		1	
b. Deformity		1	
4. Palpate cervical spine		30	
a. State presence or absence of midline point of tenderness		1	
B. Without turning head or moving neck look in both ears		10	

EXAMINATION STEPS AND PROCEDURE	PC	P0	COMMENTS
1. State presence or absence of blood or clear fluid		1	
C. Look into nose		10	
1. State presence or absence of blood or clear fluid		1	
D. Look into open mouth		10	
1. State presence or absence of a. Potential obstruction		10	
b. Oral hydration		1	
E. Shine light at each eye		1	
1. Observe pupils and report: a: Equality		10	
b. Note reaction to light (quick, sluggish)		10	
F. Palpate facial bones		1	
G. State that you are observing the neck for: 1. Tracheal deviation		1	
2. Distended neck veins		1	
3. Stoma		1	
4. Respiratory distress		1	
2. Shoulder girdle: simultaneously; A. Place thumbs on both. clavicles		1	
B. Reach fingers back to proximal scapula		1	
C. State presence or absence, deformity		1	

EXAMINATION STEPS AND PROCEDURE	PC	P0	COMMENTS
3. Chest: A. Open shirt		10	
B. State presence or absence of 1. Bruising		1	
2. Scars		1	
3. Area of flail		1	
4. Palpate sternum		10	
A. State presence or absence of point tenderness		1	
B. With fingers spread wide		1	
1. Place palms of both hands on lateral chest wall		10	
2. Instruct patient to take a deep breath		10	
5. State presence or absence of: A. Muscle splinting or pain on inspiration		1	
B. Equal expansion of chest		1	
C. place stethoscope on lateral chest wall at nipple line		10	
1 State presence or absence of a. Air entry		10	
b. Abnormal sounds		10	
6. Listen to both lungs		10	
7. Abdomen, without unnecessary exposure of patient, uncover abdomen		10	
B. State presence or absence of 1. Bruising		1	

	PC	PO	COMMENTS
2. Laceration / penetration evisceration		1	
B. Using flat surface of fingers		1	
C. Palpate shallowly all four quadrants for tenderness		10	
8. Spine without lifting or moving patient:		20	
A. Palpate as much of the thoracolumbar spine as possible:		10	
B. State presence or absence of:		1	
1. Tenderness		1	
2. Muscle spasm		1	
3. Deformity		1	
9. Pelvis - simultaneously		1	
A. Place hands on iliac crest		1	
-B.- Compress pelvis in a medial posterior direction		10	
1. State presence or absence of:		1	
a. Tenderness		1	
b. Stability		1	
c. Crepitus		1	
10. Legs - evaluate one leg at a time (A-F)		10	
A. Palpate both thighs		10	
B. Palpate both knees		10	
C. Palpate both lower legs (include calves and ankles)		10	

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D. State presence or absence of deformity or point tenderness in: 1. Both femurs		1	
2. Both knees		1	
3. Both lower legs		1	
E. Observe circulatory status 1. Blanch nail beds of both feet		1	
2. Palpate pedal or posterior tibial pulses		1	
a. Count rate aloud (one side only)		1	
b. Pulse rate		10	P. _____
c. State equality of pulse		10	
F. Observe nerve function 1. Ask patient whether large or small toe of each foot is being touched as you apply pressure		10	
2. Ask patient to: a. Wiggle toes of each foot OR b. Flex both feet upward toward head against the resistance of hands and push down against resistance		10	
11. Arms Evaluate one arm at a time (A—F) A. Palpate both upper arms		10	
B. Palpate elbow joint		10	

EXAMINATION STEPS AND PROCEDURE	PC	P0	COMMENTS
C. Palpate both lower arms (include forearms and wrist)		10	
D. State presence or absence or deformity or joint tenderness		10	
E. Observe circulatory status 1. Blanch nail beds of both hands		1	
2. State equality of radial pulses		1	
F. Observe nerve function 1. Ask patient which finger is being, touched		10	
2. Place two fingers in palms of patients hand		1	
a. Ask patient to squeeze your fingers.		10	
b. State equality of strength		1	
12. Back A. Log roll or sit patient up		1	
B. Observe for visible injuries to back		1	
13. Steps to be complete within 20 minutes		10	

Pass

Fail

Scorer \_\_\_\_\_

Comments: \_\_\_\_\_