

Madera Adult School Newsletter



November 2021



Important Update: November 7, 2021
Back to Standard Time, reminder: set clock back an hour.

[Please Complete COVID Form Before Leaving Home](#)

Be Your Best, Do Your Best!

School Climate and Culture-----

Mission Statement

The mission of Madera Adult School is to provide students with a positive experience and lifelong learning skills to achieve their educational, career, and personal goals by developing respect, responsibility, and accountability, thus empowering the students to continue their education or transition into the workforce and become contributing citizens of a global community. (Revised and Adopted 8/17/20)

Vision Statement

Madera Adult School will be recognized as an innovative and progressive learning institution where students are inspired and supported by staff to be successful in the twenty-first century (Created and Adopted February 2018).

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- Safety guidelines will include but are not limited to the following:
 - Daily disinfecting will take place in all classrooms, restrooms, offices, and cafeterias throughout the day. These common areas will be cleaned and sanitized nightly with disinfecting foggers by school site custodians. Disinfecting spray bottles and paper towels will be in all classrooms and offices for staff interim disinfecting of furniture and high contact surfaces in between classes and periodically throughout the day.

Teachers & Office Staff can nominate a MAS teacher or Office Staff for the “Going Above and Beyond” Award! This award recognizes a MAS employee that goes above and beyond the everyday expectations of her/his duties! Winners are awarded a certificate and a \$10 Starbucks Card! Please call or email Ana Jasso to nominate a deserving staff member. You may call Ana at 559-675-4425 or email her at anajasso@maderausd.org

Madera Adult School is still registering students for HSD and HiSet. Students must call the school to schedule a time to register and test. Please plan to be here for at least 1.5 hours. Masks are required and students that are sick are asked not to attend until all their symptoms are gone. Masks must be worn to participate in registration and testing. Please call our school at 559-675-4425 to schedule an appointment or visit our school website at [Madera Adult School website](#).

Department Chairs:

Mrs. Anzaldo - ESL/DOC
Ms. Cruz - HSD

Mrs. Kovacs - HiSet
Mrs. Waters - SPED

Ms. Santana - ABE
Vacant - CTE

Upcoming Events

November 9, 2021
 Tuesday @ 9:00 AM
 Earthquake Drill

November 30, 2021
 Tuesday @ 9:00 AM
 Fire Drill

December 15, 2021
 Wednesday @ 9:00 AM
 Lockdown Drill

December 20 - January 7
 Winter Recess

This Month's Highlights

Monthly Calendar	Month of November
Sunday November 7, 2021	Back to Standard Time Set clock back an hour
Thursday November 11, 2021	Veterans Day No school
Wednesday November 10, 2021	Professional Development Meeting 4 - 6 PM
November 15-16	WASC Visitation-virtual
November 22 - 26, 2021	Thanksgiving Break

Students of the Month

It is important that we recognize those students who have improved attendance, come to class on time, showing better study habits and are a positive influence in the classroom. Send the name of 1 special student per class to Mrs. Juarez who will print a certificate honoring them as student of the month. It is important that we remember most of our adult students have never received such a recognition. This is one way to improve student morale and boost their self-esteem. These names are to be submitted no later than the 25th of each month.

Students of the Month for October:

Adela Anzaldo: Edgar Moran Paula Ramirez Petra Anaya
Pedro Carrillo Bartolo Cornejo Isaiah Santos Uriel Lopez
Alfredo Tapia Donaciano Vargez Delfino Cristobal Luis Cifuentes
Angel Florez

Lance Hoffrage: Steven Escobedo

Paula Kovacs: Jadia Jaramillo Regina Cline Gurinder Kaur
Dolores Santos

Ezequiel Ramirez: Laura Hernandez Aidee Bautista Flores
Laura Hernandez

Mayra Santana: Rosa Gonzalez Higinia Layata Ma Frias
Juan Perez Lopez

Azalia Santos: Lilia Alvarez Garcia Ana Maria C. Castellanos De Fuentes
Renee Smith: Aidee Bautista Elizabeth Rios

Attendance Policy: Students are expected to attend each day they are scheduled to attend. Please contact your teacher if you are going to be absent or late for your class. When attending your classes, students are expected to participate in the lesson. Also important are attendance and a good attitude which are important to the program and to your success!

Reminder: Drop students for non-attendance to make room for students on waitlist.

“The Challenge” REMAINS: Remember, Readers are Learners, and Learners are Earners! Books are available in the Office to loan. Please return the book back to the Office after you have read the book. Don’t forget to pick up a ticket from Ana once you have read a book. The ticket you earned from reading a book will be placed in a raffle drawing for three \$100 prizes!

Something to Ponder!

Not all who wander are lost.

Some just got distracted along the way.



Health Wellness

Movember is Prostate Cancer Awareness and Men's Health Month

Movember is an annual event involving the growing of moustaches/ beards during the month of November to raise awareness of men's health issues, such as prostate cancer and other male cancers, and associated charities. The goal of **Movember** is to “[change the face of men's health.](#)”

By encouraging men to get involved, **Movember** aims to increase early cancer detection, diagnosis and effective treatments, and ultimately reduce the number of preventable deaths. Besides annual check-ups, **Movember** encourages men to be aware of family history of cancer and to adopt a healthier lifestyle.

Be a part of the Movember movement!

Grow out your facial hair all throughout the month of November and when people ask you why, let them know you are raising awareness for men's health, including prostate cancer.

Expanded
FACIAL HAIR TYPES



Hollywoodian



Mutton Chops



A la Souvarov



French Fork



Ducktail



Fu Manchu



Old Dutch



Dali



Handlebar
and Chin Puff



Van Dyke



Friendly
Mutton Chops



Balbo



Rap Industry
Standard



Sparrow



Klingon



Federation
Standard



Short Boxed Beard



Goatee



Chin Curtain



Hulihee



The Zappa



Soul Patch



Handlebar
and Goatee



The Winfield



Petit Goatee



Franz Josef



Anchor



Napoleon III
Imperial



Copstash
Standard



Pencil



Super Mario



Handlebar

Celebrating Gratitude during November

National Gratitude Month in November encourages us to embrace the power of gratitude. Gratitude is more than simply saying "thank you." Gratitude's amazing powers have the ability to shift us from focusing on the negative to appreciating what is positive in our lives. Gratitude is considered by many to be the healthiest of all human emotions. People who are grateful experience more positive emotions, feel more alive, sleep better, express more compassion and kindness, and even have a stronger immune system.

We all have SO much to be grateful for, but often the days are long and leave us exhausted, so it can be hard to give ourselves and others some TLC. This month we challenge you to remind yourself to slow down, breathe and think of something or someone you are grateful for, even if just for a few minutes each morning or evening. We appreciate you!



Celebrando la gratitud durante noviembre

El Mes de la Gratitud Nacional en noviembre nos anima a abrazar el poder de la gratitud. La gratitud es más que simplemente decir "gracias". Los asombrosos poderes de la gratitud tienen la capacidad de cambiarnos de enfocarnos en lo negativo a apreciar lo positivo en nuestras vidas. Muchos consideran que la gratitud es la más saludable de todas las emociones humanas. Las personas que están agradecidas experimentan emociones más positivas, se sienten más vivas, duermen mejor, expresan más compasión y amabilidad e incluso tienen un sistema inmunológico más fuerte.

Todos tenemos mucho por lo que estar agradecidos, pero a menudo los días son largos y nos dejan exhaustos, por lo que puede ser difícil darnos a nosotros mismos y a los demás algo de

cariño. Este mes te desafiamos a que te recuerdes que debes reducir la velocidad, respirar y pensar en algo o en alguien por quien estés agradecido, aunque solo sea por unos minutos cada mañana o noche. ¡Los apreciamos!

Counselors/Student Advocates

Mrs. Barbara Juarez: Teacher on Special Assignment, Lead Teacher. Please refer students on 504 plans to her.

Mrs. Pam Waters: Resource Specialist. She works with our Special Education Students

Michelle Santesteban, Transitions Specialist, (559)593-0993

The following days/times are designated weekly specifically for your students, staff questions, etc..... I can be easily reached via phone, text, and e-mail, as well as through our new website.

Transition Services Weekly Availability for MAS

Every 2nd Tuesday of the month, on site hours: 5:00pm - 7:00pm

Every Wednesday on site hours: 9:00am - 3:30pm

Every 4th Tuesday of the month on site hours 5:00pm - 8:00pm virtual by appt. only

To request an appointment with me, Go to [SCAEClearns.org](https://www.scaeclearns.org) - click on Transition Specialist, look for my name/picture and click on "Make an appt." I will always be available on other dates/times with an appointment and be as flexible as possible. I understand the vast majority of our students are working parents and now homeschooling their children. Please keep in mind that all appointments will be held virtually through telephone, Google Meet, Zoom, etc.

Thank you for your support, and I look forward to another successful academic year.

