

## Madera Adult School Newsletter



## September 2022



### Important Update: Labor Day, September 5th 2022 No School

[Please Complete COVID Form Before Leaving Home](#)

**Be Your Best, Do Your Best!**

### School Climate and Culture-----

#### **Mission Statement**

The mission of Madera Adult School is to provide students with a positive experience and lifelong learning skills to achieve their educational, career, and personal goals by developing respect, responsibility, and accountability, thus empowering the students to continue their education or transition into the workforce and become contributing citizens of a global community. (Revised and Adopted 8/17/20)

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## Vision Statement

Madera Adult School will be recognized as an innovative and progressive learning institution where students are inspired and supported by staff to be successful in the twenty-first century (Created and Adopted February 2018).

**Ana Jasso's Corner:** *As a reminder, teachers please don't forget to turn in your sign-in sheets for PLC, Department Meetings, Leadership, and Curriculum & Instruction meetings.*

**HiSET Testing** for MAS students will begin Sept. 20th. Our CASAS/HiSet coordinator, Patricia Rodriguez will be working with teachers to schedule their students for testing.

- Safety guidelines will include but are not limited to the following:
  - Daily disinfecting will take place in all classrooms - have your students disinfect their area before leaving the classroom. Disinfecting wipes and sanitizer will be in all classrooms and offices for staff interim disinfecting periodically throughout the day.

**Teachers & Office Staff can nominate a MAS teacher or Office Staff for the “Going Above and Beyond” Award! This award recognizes a MAS employee that goes above and beyond the everyday expectations of her/his duties! Winners are awarded a certificate and a \$10 Starbucks Card! Please call or email Ana Jasso to nominate a deserving staff member. You may call Ana at 559-675-4425 or email her at [anajasso@maderausd.org](mailto:anajasso@maderausd.org)**

Madera Adult School is registering students for HSD and HiSet. Students must call the school to schedule a time to register and test. Please plan to be here for at least 1.5 hours. Masks are recommended and students that are sick are asked not to attend until all their symptoms are gone. Masks should be worn to participate in registration and testing. Please call our school at 559-675-4425 to schedule an appointment or visit our school website at [Madera Adult School website](#).

**Attendance Policy:** Students are expected to attend each day they are scheduled to attend. Please contact your teacher if you are going to be absent or late for your class. When attending your classes, students are expected to participate in the lesson. Also important are attendance and a good attitude which are important to the program and to your success!

**Teacher reminder: Drop students for non-attendance to make room for students on waitlist.**

**Madera Adult School Welcomes New Staff:**

**Security Officer - Rylee Ware-Hefner**

**ESL/HiSet/Microsoft Office -Teacher - Oscar Redondo**

**EMT Teacher - Andrea Hammond Garcia**

**Transition Specialist - Karina Vera**

**“The Challenge” REMAINS:** Remember, Readers are Learners, and Learners are Earners! Books are available in the Office to loan. Please return the book back to the Office after you have read the book. Don’t forget to pick up a ticket from Ana once you have read a book. The ticket you earned from reading a book will be placed in a raffle drawing for three \$100 prizes!

**Department Chairs:**

Mrs. Anzaldo - ESL/DOC

Mrs. Kovacs - HiSet

Ms.Santana- ABE

Ms. Cruz - HSD

Mrs. Waters - SPED

Mr. Redondo - CTE

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## Upcoming Events

**Monday, Sept. 5th 2022**

Labor Day  
No School

**Friday, Oct. 7th, 2022**

1st Quarter Ends

## This Month's Highlights

Monthly Calendar	Month of September
<b>Monday, September 5, 2022</b>	Labor Day No school
<b>Tuesday, September 20, 2022</b>	<b>Staff meeting</b> <b>4:00 PM to 6:00 PM</b>
<b>Wednesday, September 28, 2022</b>	Curriculum and Instruction Meeting 4:00 PM to 5:00 PM

## Students of the Month

It is important that we recognize those students who have improved attendance, come to class on time, showing better study habits and are a positive influence in the classroom. Send the name of 1 special student per class to Mrs. Juarez who will print a certificate honoring them as student of the month. It is important that we remember most of our adult students have never received such a recognition. This is one way to improve student morale and boost their self-esteem. These names are to be submitted no later than the 25th of each month.

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**Students of the Month for August:**

<b>Adela Anzaldo:</b>	Alfonso Deltoro	Jesse Silos	Michael Rieux
Juana Vasquez	Timothy Humphrey	Higinio Montes	Erick Ocampo
Josefino Gonzalez	Peter Garcia	Edwin Ramirez	Casey Dearing
<b>Lance Hoffrage:</b>	Michelle Barrow		
<b>Paula Kovacs:</b>	Jose Magdaleno	Alyssa Escalera	Alyshia Jalakas
Roxanna Munoz	Leticia Venegas	Angel Lopez	
<b>Brandi Cruz</b>	Jacob Peterson	William Saenz	Verenise Porfirio Martinez
Rocio Rodriguez	Anthony Garcia	Daniel Porfirio Martinez	
<b>Mayra Santana:</b>	Harjinder Singh	Carmelita Elvia Vasquez	Alia Akbar
	Leticia Lopez-Lopez	Patricia Trejo de Ruiz	Fernando Leon Melgoza
<b>Azalia Santos:</b>	Maria Alvarez		
<b>Renee Smith:</b>	Martha Ponce	Jose Placido Aguirre	
	Alicia Botello de Banuelos	Dhelma Gloria Gutierrez	

Of our collective recognized students, Jacob Peterson's name was drawn as the Madera Adult School's August Student of the Month. Jacob was awarded a gift card and will be recognized on the schools' website. Congratulations Jacob!

## Something to Ponder!

Better late than never.

It is better to have loved and lost than never to have loved at all.

(Of all the things I've lost, I miss my mind the most. LOL)

## Health Wellness

September marks Suicide Awareness Month, with the 10th signifying **World Suicide Prevention Day**. Suicidal thoughts are common among teens and young adults. In fact, about 11% of young adults (ages 18-25) report that they've had serious thoughts about suicide, and about 1–2% report a suicide attempt during the prior year. These numbers are higher among high school students — nearly 20% report serious thoughts about suicide and 9% report a suicide attempt. Among young adults 15–24 years old in the U.S., the rate of death by suicide in 2019 was about 14 per 100,000 people — slightly higher than one suicide for every 10,000 people in this age group.

The best way to help prevent a suicide-related crisis is to seek help and support before the crisis emerges. If you or someone you love are experiencing thoughts of self-harm, it is essential to get mental health care as soon as the symptoms start before reaching a crisis state. Steps should be taken to find help for care and support. This help can be from a pediatrician or primary health care provider, or a mental health clinician. If the person is already receiving care, let the clinician know about what is going on. Supportive family members or friends need to be informed about what is going on. They can be a tremendous source of support for the youth and the family.

En septiembre se celebra el mes de la conciencia sobre el suicidio, y el día 10 es el **Día Mundial de la Prevención del Suicidio**. Los pensamientos suicidas son comunes entre los adolescentes y los jóvenes. De hecho, alrededor del 11% de los jóvenes (entre 18 y 25 años) afirman haber tenido pensamientos serios de suicidio, y alrededor del 1-2% informan de un intento de suicidio durante el año anterior. Estas cifras son más elevadas entre los estudiantes de secundaria — casi el 20% afirma haber tenido pensamientos serios de suicidio y el 9% reportan un intento de suicidio.

Entre los jóvenes de 15 a 24 años de edad en los Estados Unidos, la tasa de muerte por suicidio en 2019 fue de alrededor de 14 por cada 100,000 personas —ligeramente superior a un suicidio por cada 10,000 personas en este grupo de edad.

La mejor manera de ayudar a prevenir las crisis relacionadas al suicidio es buscar ayuda y apoyo antes de que surja. Si tu o un ser querido están experimentando pensamientos de autolesión, es esencial que obtengan cuidado de salud mental en cuanto estos síntomas empiezen, antes de que alcance un estado de crisis. Hay pasos que se deben seguir para ayudar a encontrar la ayuda y el cuidado necesario. Esta ayuda puede ser por parte de un pediatra, el médico de cabecera, o un clínico de salud mental. Si la persona ya está recibiendo atención, déjele saber al clínico lo que está sucediendo. Los familiares o amistades que lo apoyan deben de estar informados acerca de lo que está ocurriendo. Pueden ser una gran fuente de apoyo para el joven y la familia.

## Student Advocates

Mrs. Barbara Juarez: Teacher on Special Assignment, Lead Teacher. Please refer students on 504 plans to her.

Mrs. Pam Waters: Resource Specialist for Students of Special Needs

Karina Vera, Transition Specialist, SCAEC